

About the Lidcombe Program

The Lidcombe Program is a behavioural treatment for children younger than 6 years who stutter. It is a direct treatment method administered by parents at home and monitored through weekly sessions by the speech-language pathologist. Parents meet the speech-language pathologist weekly to learn how to administer the program at home and monitor the progress. Lidcombe Program is safe and clinical trials all over the world have supported its use in treating stuttering in children. This program consists of two stages. By the end of stage one the child will have fluent speech. In the second stage of the program, measures are taken to maintain this fluent stutter-free speech.

Online Lidcombe Program

The Lidcombe program can be administered online via Zoom. In the session with the speech-language pathologist, the parents discuss the child's speech in the past week, make plans for the next week, monitor the progress, and review the videos that the parent had recorded of natural conversations in the week. Clinical trials of doing the treatment online or through teletherapy have shown it to be equally effective as in-person sessions. As parents need to visit the speech therapist every week during Stage 1 of treatment, it becomes convenient to do it online with children. Also, parents get access to a qualified Lidcombe Program speech-language pathologist no matter where they live.

The Lidcombe Program



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